

Blue Groove

APPETISERS

- Olives** _____ 3.00
Marinated with rosemary, garlic & lemon. **vg**
- Devon Blue Cheese** _____ 4.00
Served with honey & crushed walnuts. **n v gf**
- Freshly Baked Baguette** _____ 4.00
Crusty bread served with our flavoured butter. See our specials board for this week's infusion. **vg**

LIGHT BITES & STARTERS

- Sharing Board** **gfo** **ve** **n** _____ 24.95
Home cured salmon
Marinated olives
Pulled pork bon bons
Padrón peppers
Devon blue cheese with honey & walnuts
Freshly baked baguette & flavoured butter
- Home Cured Salmon** **ve** _____ 4.00
Salmon fillet cured in Exmoor gin & dill.
- Olives** **vg** _____ 3.00
Marinated with rosemary, garlic & lemon.
- Pulled Pork Bon Bons** _____ 6.00
Homemade crispy pork croquettes with homemade apple chutney.
- Padrón Peppers** **vg gf** _____ 5.00
Fried in olive oil & finished with Cornish sea salt.
- Devon Blue Cheese** **n v gf** _____ 4.00
Served with honey & crushed walnuts.
- Freshly Baked Baguette** **vg** _____ 4.00
Crusty bread served with our flavoured butter. See our specials board for this week's infusion.
- Ciabatta Garlic Bread** **v** _____ 4.50
Oven baked with garlic butter & fresh parsley.
With cheese: 4.95
- West Country Mussels** **gfo** Starter size: 12.55
Moules Marinière.
Mussels in white wine, cream & garlic.
Thai Spiced. Mussels in coconut cream, fresh chilli, lemongrass & coriander.
Served with your choice of bread or fries, or for both add £2.00.
- Gado Gado** **n v vgo gf** _____ 9.75
A spicy Indonesian salad with crunchy vegetables, boiled egg, chilli peanut sauce, soya beans, fresh coriander, fried tofu & onion seed crackers.
- Salt & Pepper Squid** **ve** _____ 9.50
Fresh squid, flash fried & served with homemade seaweed tartare finished with sea salt & pink peppercorns.
- Onion Rings** **vg** _____ 5.25
Crispy & beer battered.
- Side Salad** **vg gf** _____ 5.25
Baby leaves, cherry tomatoes, cucumber, soya beans & house dressing.
- Sweet Potato Fries** **vg gfo** _____ 4.95
- Fries** **vg gfo** _____ 5.25
Crispy, skin on _____ With cheese: 6.25
- Dirty Fries** **vo** _____ 9.50
Crispy bacon bites, jalapeños, Cajun spices, nacho cheese, spring onion & our BBQ sauce.

BURGERS

- Fuego** **gfo** _____ 18.95
Grilled chicken breast, chorizo, jalapeños, cheese, fiery mayo & salad in a toasted bun.
Served with fries & onion rings.
- Pulled Pork Redneck** _____ 19.50
6oz Westcountry beef burger, home cooked pulled pork, American burger cheese, BBQ sauce, pickles and salad. Served in a toasted bun with fries & onion rings.
- 6oz West Country Beef** _____ 16.75
Served in a toasted bun with salad, pickles, fries, onion rings & our BBQ sauce.
- Grilled Chicken Breast** **gfo** _____ 16.75
Served in a toasted bun with salad, pickles, fries, onion rings & our BBQ sauce.
- Vegan Cheese Burger** **vg** _____ 16.75
Vegan plant protein burger, vegan cheese, BBQ sauce, pickles & salad. Served in a toasted bun with fries & onion rings.
- Extras** _____ **Each:** 1.50
West Country cheddar, Devon blue cheese, American burger cheese, jalapeños, smoked streaky bacon, chorizo or pickles.
Extra Pulled pork, Beef patty, _____ **Each:** 2.95
Vegan patty or Chicken breast

MAIN MEALS

8oz British Rump Steak **gfo** _____ 23.95

Juicy local steak grilled to your preference, served with fries, onion rings, tomatoes & rocket salad.

Extras: _____ 2.95

Add peppercorn sauce or mushrooms.

Chicken & Bacon Caesar Salad ____ 16.95

Sliced chicken breast, bacon, cos lettuce, garlic croutons, olives, creamy Caesar dressing & freshly grated parmesan.

Thai King Prawn Bowl **n** **gf** _____ 17.95

Fried garlic & chilli king prawns with an Asian style slaw, rice noodles, pickled vegetables, fresh herbs, soy & honey dressing.

Topped with peanuts & sriracha sauce.

SUPERFOOD Salad _____ 16.95

with Chicken Breast **gf**

or Indonesian style Tempeh **vg** **gfo**

Quinoa, pomegranate seeds, avocado, broccoli, spinach, cucumber, soya beans & fresh herbs with our house dressing.

Houmous Bowl **vg** **gfo** **n** _____ 16.95

Homemade falafels, marinated chickpeas, quinoa, pickled vegetables, rocket & houmous with a tahini dressing topped with dukkah.

West Country Mussels **gfo** Mains size: 20.55

Moules Marinière.

Mussels in white wine, cream & garlic.

Thai Spiced. Mussels in coconut cream, fresh chilli, lemongrass & coriander.

Served with your choice of bread or fries, or for both add £2.00.

Seafood Linguine **gf** _____ 20.95

Linguine pasta with mussels, king prawns & squid, finished with crème fraîche, parmesan & chives.

Caribbean Lamb Curry _____ 22.95

Tender chunks of lamb in a rich, medium spiced sauce finished with coconut cream & coriander, served with pineapple salsa, rice & flatbread.

Balinese Tempeh & Potato Curry **vg** **gf** 19.95

A fragrantly spiced Balinese curry topped with a coconut & vegetable salad, rice, onion seed crackers & sweet chilli sauce.

Thai Green Curry

King Prawns **gf** _____ 20.95

Chicken _____ 19.95

A fragrant & spicy coconut sauce with mangetout & fresh coriander. Served with rice, prawn crackers & sweet chilli sauce.

DESSERTS

Banoffee Pie **gf** _____ 8.75

Biscuit base, smooth toffee, sliced banana & whipped cream. Served with a scoop of vanilla ice cream.

Mars & Malteser Cheesecake _____ 8.75

Rich & creamy cheesecake topped with Maltesers on a chocolatey biscuit base. Served with a scoop of vanilla ice cream.

Basque Burnt Cheesecake **gf** _____ 8.75

Spanish style baked cheesecake with a crème-caramel bittersweet exterior & a creamy centre. Served with raspberry sauce & a scoop of vanilla ice cream.

Citrus Poached Pear **vg** _____ 8.95

Served warm with homemade shortbread & a scoop of vanilla ice cream.

Warm Brownie Sundae **gfo** _____ 8.75

Goopy brownie pieces, vanilla ice cream & chocolate sauce.

West Country Farm Ice Creams & Sorbet

Award winning & made in the South West!

- Eton mess 2 scoops: 3.95
- Honeycomb 3 scoops: 5.95
- Raspberry sorbet **vg**
- Vanilla coconut **vg**
- Chocolate caramel crunch

Allergen, Intolerance or Dietary Requirements?

We cannot guarantee that all of our dishes are 100% free from nuts, dairy and gluten or their derivatives. Please speak to staff about our allergen's menu and ingredients in your food and drinks before you order.

- v** Suitable for vegetarians
- vo** Vegetarian option
- gf** May contain fish bones
- n** Contains nuts

- vg** Suitable for vegans
- vg** Vegan option available on request
- gf** Gluten free
- gfo** Gluten free option available on request.